



Participant Guide
Cub Family Camping Weekend
April 12-14, 2013
(rev. 3/1/13)

INTRODUCTION

This Cub Scout Family Camping Weekend is an opportunity to enjoy some time in the great outdoors and get away from the busy buzz of the city at the Pipsico Scout Reservation the weekend of April 12-14 for \$25/family (regardless of size).

There will be a variety of activities to include things for nature enthusiasts, fishermen, marksmen (aspiring marksmen), water lovers, crafty folks, sports fans, and more.

Participants are invited to camp from Friday through Sunday, or any portion in between. Families are welcome to arrive on Friday to escape the city and set-up camp and relax (this makes Saturday easier). Likewise, after a day of craziness on Saturday you are welcome to take it easy Saturday night and make your way home on Sunday.

No food will be provided this weekend. Campers have the benefit of creating a thrilling menu of steak and crab legs, or keeping it simple. Regardless, be prepared to clean-up what you bring. Water is available in all sites, and dumpsters are located at the entrance to camp for any waste. Please check the program schedule when planning your meals to ensure you have enough time to prepare, eat, and tidy up.

PROGRAM SCHEDULE (Monday to Friday)

Friday	5PM-9PM	Optional Check-in (for Friday night campers)
Saturday	6:30 - 8:15AM	Breakfast Time
	7:00 - 8:00AM	Optional Check-in (for Saturday arrivals)
	8:15AM	Flag Raising & Rotation Assignments
	9:00 - 9:50AM	Rotation #1
	10:00 - 10:50AM	Rotation #2
	11:00 - 11:50AM	Rotation #3
	12:00 - 1:30PM	Lunch Time
	2:00 - 2:50PM	Rotation #4
	3:00 - 3:50PM	Rotation #5
	4:00 - 4:50PM	Rotation #6
	5:00PM	Flag Lowering
	5:15 - 7:15PM	Dinner Time
	7:30 - 8:30	Evening Activities
	10:00	Lights Out
Sunday	8:00 - 10:00AM	Check-out

ADULT LEADERSHIP

Boy Scouts of America volunteers staff weekend events. The BSA is a volunteer run program. Every unit that participates in event is expected to provide some form of contribution to the success of that event. Staff positions are available for direct program support as well as logistical support. Please inform the event chairman of the names and contact information for those volunteers in your unit who may help contribute to the event's success.

FACILITIES

Campsites

Every campsite has a common latrine facility. Every latrine has is a washstand with running water for washing and drinking. Hot showers are available at the pool only.

Each latrine also has a shovel, rake, and hose that serve as fire-fighting equipment; the hose serves double duty for daily cleaning of the latrine.

Most campsites have an established fire ring, where you are welcome to have campfires in the evenings. **Do not** dig into the ground to form fire pits. There is ample dead wood on the ground around camp, which you are welcome to cut and burn; do not cut any standing trees or saplings, dead or alive. For safety, you should establish a properly marked ax yard.

Trading Post

The Trading Post will be open during this event. Feel free to bring some extra spending money for your retail therapy. MasterCard and Visa are accepted for transactions over \$10.

HEALTH & SAFETY

Medicals

All Scouts and leaders must submit a copy of their BSA Annual Health and Medical Record form (*parts A&B only*) at check-in. This is just the health history form (excluding the physicians portion). The official BSA form is located here: www.scouting.org/filestore/HealthSafety/pdf/whole.pdf.

Emergency Procedures

The Pipsico Scout Reservation maintains emergency procedures to meet, and in some cases, exceed the standards set by the Boy Scouts of America. It is essential for everyone's safety that every member of your unit fully understands that these procedures exist - their life, your life, or someone else's life could depend on it. Please be sure to follow only instructions delivered by the staff chain of command. Likewise, if an emergency arises, or is brought to your attention, please notify the nearest staff member immediately so that we may launch the appropriate procedures. Do not attempt to resolve an emergency situation alone. Notify the nearest staff member.

Fires, Stoves, Tents & Open Flames

For safety reasons, there are to be **no open flames in tents**. This ban on open flames in tents includes a ban on the use of matches, candles, kerosene, propane or liquid lanterns in tents. Lighting in tents is to be provided by battery-powered lanterns or flashlights only. It is, however, acceptable to use a lantern under a dining fly. All cooking fires, campfires and stoves are to be attended while they are burning. Fires are only to be built in designated areas and must be extinguished so that they are cold to the touch when unattended. Spraying aerosol cans of any type (insecticide, deodorant, hair spray, etc.) are also prohibited in tents. The propellants in these products will damage the waterproofing treatment on the canvas.

Liquid Fuels

Adult leaders only may use Stoves and lanterns requiring liquid fuel. Extra fuel must be turned over to the Quartermaster for safekeeping in locked storage.

YOUTH PROTECTION POLICIES

Leaders are asked to review the Guide to Safe Scouting before attending camp and ensure compliance by their unit with policies as detailed in the Guide, particularly in respect of youth protection policies. Failure to comply with Guide to Safe Scouting and youth protection policies will result in disciplinary action. Key portions of the youth protection policies found in the Guide to Safe Scouting are reproduced below. Other Guide to Safe Scouting policies are also contained elsewhere in this guide.

Adult leaders must respect the privacy of youth members and protect their own privacy at all times. Except in emergencies, adults and youth may not enter each other's designated sleeping and shower areas. No Scout may share a tent with an adult who is not his own parent or guardian.

MEDICAL MATTERS

Prescription Medications

All prescription drugs are kept and administered by the unit. It is to be kept in a secured location out of the reach of the children. If medication requires refrigeration, it can be checked in with the Health Officer check-in. Provide a list of medication, dosage and to whom you are administering medication to when you check in with the Health Officer. By law, medications must be in a container with a typed label from the pharmacy. Medications will be given only in accordance with the label. Handwritten changes will not be accepted.

Medical Treatment

All injuries and illnesses, regardless of severity, must be reported to and treated at the Health Lodge **immediately**. This applies to all campers, youth and adult. The Health Officer is required to keep a log of all injuries or illnesses. Pipsico has a Health Officer on duty at all times. In the event of serious medical problems, the camp has agreements with the Surry County Rescue Squad, a medical treatment facility in Smithfield, and Sentara Obici Hospital in Suffolk.

The cost of medical treatment away from camp will be billed to the camper's primary insurance carrier. Registered Tidewater Council units are covered by supplemental insurance, which covers certain deductibles and other expenses for injuries and illnesses incurred at camp. Parents must make arrangements for treatment of pre-existing conditions. Tidewater Council's policy does not cover out-of-council units; those units need to submit a certificate of insurance from their home council or unit prior to arriving at camp. We recommend that this be done when making your final camp fee payment.

GENERAL INFORMATION

Before You Leave Home

Check to make sure you have all of the following:

Medicals: Check for completeness of parts A & B only).

Fees Paid: Final payment is to be made.

Other: Review packing checklists and make sure Scouts have any special equipment needed for programs, and applicable unit equipment is packed.

Check-in

Plan on arriving between 5:00PM and 8:00PM on Friday (if you choose to camp Friday evening). If you plan to arrive on Saturday, please show up prepared for program and complete your registration between 7:00AM & 8:00AM and be ready for the 8:15AM flag raising ceremony.

Upon arriving at Pipsico, follow the signs for Lions (a sub-camp of the Pipsico Scout Reservation) and park in the main parking lot in front of the Burton Center. If you plan to arrive late, please notify us in advance so special arrangements can be made. If you are delayed on the way to camp, let us know. At initial check-in, we will verify the number of campers with your contingent, confirm paperwork is in order and assign you to a campsite.

Check-out

Contingents may check-out after the conclusion of program on Saturday evening or stay until Sunday morning. Please to come to the Burton Center (camp office) to checkout and have your camping area checked for cleanliness. If your group plans to leave on Sunday, please try and check out by 10:00AM. There will not be patches for this event.

Refund Policy

In cases of death of an immediate family member, sickness or injury, or military transfer, we will refund all but 15% of fees paid until 3/30/13 when verified by a physician, military commander, or such official. The Tidewater Council, BSA strives to provide the very best program. Cancellations after 3/30/13 inhibit our ability to provide a quality program. Reasons such as vacation schedule, summer school, and last minute changes of mind are not acceptable reasons for refunds. Camper deposits are transferrable within a unit, but are not refundable. After 3/30/13 no refunds are available for any reason.

Alcoholic Beverages & Drugs

Alcohol and illegal drugs are prohibited. Prescription drugs must be held at the Health Lodge unless otherwise specifically approved by the camp's Health Officer.

Bicycles

Scouts and Leaders are permitted to bring their bicycles and helmets to camp. It is the responsibility of unit leadership leader to make sure that all bikes the unit brings are safe to use and properly maintained. Please review the mountain bike policy in the appendix to this Leader's guide before bringing any bikes to camp.

Cell Phone Policy

We would request that Scouts not to take cell phones to program sessions or, at the very least, to turn them off during sessions. Use of cell phones during program sessions is inconsiderate to other participants and, in some cases can be extremely dangerous (Scouts using axes, climbing, lighting fires, etc, should not be distracted by a ringing phone).

Electronic Devices

Radios, cell phones, CD players, video games, and other personal electronic devices detract from the camping experience and provide an inviting target for theft. Do not bring them into camp. If you permit them during travel to and from camp, please leave them in the car during your stay at camp. Youth campers are not permitted to have two-way radios or pagers in camp, as these have proven to be highly disruptive of the camp routine.

Initiations, Hazing & Military Training

Corporal punishment, hazing, initiation of any sort, and military training and drill are not permitted in the Boy Scouts of America.

Leaving the Site

Anyone leaving the camp **at any time** during the event must sign out at the camp office and sign in upon their return. We strongly discourage Scouts from leaving camp during the event. Scouts may only leave with a parent, guardian or other individual designated in writing by a parent. Photo IDs are required. An adult unit leader must accompany a Scout to the office to check out. Adults leaving camp must ensure that the unit still has two-deep leadership.

Money & Valuables

Each family must decide how much spending money a Scout should take to camp. Each Scout is, however, responsible for the safeguarding of his money and personal property. It is recommended that expensive cameras, watches, and personal entertainment devices be left at home. Regardless, all items should be clearly marked, with the boy's name and unit number.

Pets

No pets are allowed in camp. Please ensure that anyone planning to visit your unit during the week is also aware of this rule.

Restricted Areas

The following areas are off limits to all campers: The ranger's home and maintenance areas, the kitchen and food storage areas (except for authorized adult volunteers,) any program area where staff is not present, and the cliffs along the James River. Scouts may visit the waterfront for beach combing or fishing only when staff is present or when accompanied by an adult leader.

Smoking

Anyone under 18 years old is prohibited from using tobacco in any form while at camp. Adults who smoke must do so out of sight of any youth members. Smoking is prohibited in any tent or building. Cigarette butts must be field stripped and placed in a trash receptacle.

Staff

Weekend events are staffed by volunteers. The Boy Scouts of America is a volunteer run program. Every unit that participates in event is expected to provide some form of contribution to the success of that event. Staff positions are available for direct program support as well as logistical support. Please inform the event chairman of the names and contact information for those volunteers in your unit who may help contribute to the event's success.

Telephones

Should anyone need to contact a camper on an important matter, the number is (757) 294-3912. This is a business phone, and cannot be tied up with personal calls. Parents will not be able to speak to their children on this line. Phone messages will be placed in the unit mailbox; emergency messages will be delivered as soon as possible. If adult leaders need to receive regular calls at camp, bring a cell phone or pager, or make arrangements to check with their office on a regular schedule.

Trailers

During check-in, every unit is permitted to have one trailer at the perimeter of their campsite until checkout.

Uniform and Dress Code

The BSA field uniform (some times referred to as the Class-A uniform) is the encouraged uniform for evening flag ceremonies. Shirts that promote alcohol, tobacco, or are otherwise inconsistent with Scouting values are not allowed.

Not having a uniform should not prevent any Scout from attending camp; however, every effort should be made to ensure that every Scout has one, using every means available: unit and Council fund raising activities, financial assistance from your chartered organization, recycling "experienced" uniforms, etc.

Closed-toe shoes must be worn at all times, including during activities at the waterfront. The only exceptions are while in a shower building, inside the pool perimeter fence, or in bed.

Vehicles in Camp

Vehicles are not permitted past the Burton Center parking lot unless authorized by the ranger. Any vehicle that is authorized to drive beyond the Burton Center must remain on the main road. Absolutely no vehicles are permitted on grass or in campsites. Likewise, no vehicles authorized in camp may block the loading dock at the rear of the dining hall. Vehicle owners, and operators, who drive beyond the Burton Center parking lot do so at their own risk. The Tidewater Council, BSA will not accept responsibility for any vehicle damage within camp.

Weapons, Knives, Full Axes, Fireworks, Firearms

Pipsico provides all necessary and appropriate equipment for our shooting programs. Personal firearms, ammunition, bows and arrows are not permitted in camp. Also, no water guns are permitted at camp. Sheath knives are prohibited in camp by Tidewater Council policy. Pocket knives may be carried by adult leaders and any Scout who has earned the Whittling Chip. Fireworks & firearms of any kind are prohibited in camp. LEO's please notify the council prior to camp of any special requirements by your department.

HOW TO GET TO CAMP

Pipsico is located in Spring Grove, Virginia, approximately midway between Norfolk and Richmond. It is about 25 miles off Interstate 295 from Hopewell, Virginia.

Pipsico is centrally located to a host of attractions. The first permanent English settlement at Jamestown is a short distance via the nearby ferry. Many fascinating historical sites from the first 250 years of American history are within easy driving distance (an hour or so). Among these are Colonial Williamsburg, restored colonial plantations, the Revolutionary War battlefield at Yorktown, and Civil War battlefields around Richmond and Petersburg.

For those who want more modern adventure, local amusement parks include Busch Gardens and Water Country USA. A moderate drive from camp brings visitors to the Naval base in Norfolk, the NASA Langley Research Center, the Atlantic Ocean beaches and boardwalk at Virginia Beach, and much more.

If you are coming from outside the local area, we would be glad to have you as our guests in Camp Rotary for a few extra days so you can add some of these world-class attractions to your summer camp experience. With advance notice, we can provide breakfast, dinner, and box lunches on the days you are in Camp Rotary for a nominal cost.



PIPSICO SCOUT RESERVATION MOUNTAIN BIKE SAFETY GUIDELINES

- 1. Qualified Supervision -** Activities must be supervised by a mature and conscientious adult at least age 21 who understands and accepts responsibility for the safety of children in their care, who is experienced with the skills and equipment involved in the activity, and who is committed to compliance with these guidelines.
- 2. Physical Fitness -** Biking is strenuous. Long treks and hill climbing should not be attempted without training and preparation. For Scouting activities, all participants must present evidence of fitness with a complete health history from a physician, parent, or legal guardian, to the qualified supervisor on the trek. The adult supervisor should adjust all supervision, discipline, and protection to anticipate any potential risks associated with individual health conditions. In the event of any significant health conditions, proof of an examination by a physician should be required by the adult leader.
- 3. Helmets and Clothing -** All cyclists must wear a properly sized and fitted helmet approved by either the Snell Memorial Foundation, CPSC, or ASTM standard. Layer your clothing for warmth on cool days so you can avoid chilling or overheating. Cover up for sun protection on clear days.
- 4. Buddy System -** When the program activity is a bicycle expedition or trek, the buddy system must be used. When a program element emphasizes individual performance skills, one buddy observes while the other takes his turn. In competitive activity where the buddy concept cannot be applied practically, all activity must be directly observed by the adult supervisor. (Youth members should be taught that biking with a buddy is best. When biking alone, apart from Scouting activities, youth members should be encouraged to tell someone their route, schedule, and destination before departing.)
- 5. Position in Traffic -** **If your trek will leave the Reservation you must obtain prior approval from the Tidewater Council or Camp Staff.** Once approval has been given ensure that you ride with the traffic flow, as far to the right as is safe. Avoid curbs, storm drains, soft or loose gravel on shoulders, and other hazards.
- 6. Safety Rules -** Obey all traffic laws, signs, signals, and street markings. Watch for changes in road conditions. Ride only one to a bike. Do not ride after dark. No stunts -- trick riding is only for professionals who use special equipment. Yield to motor vehicles even if you think you have the right-of-way. Never hitch a ride on another vehicle. Keep your head and ears open and do not wear headphones while riding.
- 7. Turns and Intersections -** Look left, right, back, and ahead before turning. Stop and search all directions when entering a street from a driveway, parking area, sidewalk, or alley. Signal all turns using universal hand signals. Walk your bike through or across busy intersections.
- 8. Equipment -** Ride only a bike that fits you. Select a bike that permits you to put both feet on the ground while standing over the top tube. The handgrips should be no higher than your shoulders or lower than your seat.
- 9. Bicycle Accessories -** Every bike needs a horn or bell and reflectors (front, back, and sides). Items should be carried only in baskets, in saddlebags, or on a rear carrier rack. If you must ride in traffic, a bike- or helmet-mounted mirror is recommended. For long trips, a bike-mounted container for drinking water is recommended.
- 10. Maintenance -** Keep your bike clean and well maintained, especially the brakes and drive chain.
- 11. Racing -** Open street racing is dangerous. Race only with supervision on marked courses that have been set up to exclude other vehicle or pedestrian traffic, to eliminate fall hazards and minimize collision risks. Clearly define "start" and "finish."
- 12. Planning -** Plan both the route and timing of bike trips to avoid heavy traffic and hazardous conditions. Biking is unsafe on wet pavement, muddy roads, and on windy days. Plan for at least hourly rest stops and a maximum of approximately six hours on the bike per day.
- 13. Discipline -** All participants should know, understand, and follow the rules and procedures for safe biking, and all participants should conscientiously and carefully follow all directions from the adult supervisor