

2013
PEX: THE PIPSICO EXPERIENCE
PARTICIPANT'S GUIDE

PEX
THE NEXT LEVEL

PIPSICO SCOUT RESERVATION
TIDEWATER COUNCIL, BSA

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Welcome Letter-

Dear PEX Participant and/ or Unit Leader:

We are pleased to offer PEX: The Pipsico Experience as part of the James River Adventure Base at Pipsico Scout Reservation. This program is designed to offer Scouts an experience with portions of all base camp and high adventure programs at Pipsico Scout Reservation much like a sampler platter at your favorite local restaurant. You will also have the opportunity to participate in a few activities only open to PEX.

Our mission is this: to offer a unique experience for our participants to undergo a variety of adventures that Pipsico has to offer within, and outside, the property of the camp, while broadening their horizon of the Scouting Movement. The historic triangle that surrounds Pipsico is filled with rich attractions and sights. Participants will have the opportunity to explore many of these as a part of our program.

Please take note that PEX is a high adventure program in a base camp setting. Participants will camp with their units in base camp and enjoy program with PEX staff during the day. If you are looking for something other than the normal toil and trouble of earning merit badges while sitting under a shelter, then come out for an adventure of a lifetime! This program is designed for older scouts and will keep you on your feet all day.

If you have any comments, concerns, or questions, please let us know! We certainly look forward to seeing you this summer.

Sincerely,

Evan Sommerfeld

Director, Pipsico Scout Reservation



Program Overview-

This program is designed to provide older Boy Scouts and Venture Scouts with the opportunity to experience a full week of classic and daring camp activities. We realize that older scouts generally just want to get away from home and spend time with their friends. We offer ample time to do this, but we also believe that we should push the limits of our Scouts comfort zones, encouraging them to try new things and have fun doing it. We have planned our week accordingly, so that Scouts of all different abilities and levels will be able to participate fully.

Participants will be given a schedule at the High Adventure Base meeting on Sunday evening. Program will kick-off Monday morning and go until dinner. PEX will also have a special evening program following the conclusion of dinner. Activities involve shooting sports, water sports, mountain biking, and even a trip to Busch Gardens!

Every week the participants have new and fun filled experiences with the Pipsico Experience. Participants are guaranteed to come home with knowledge and memories that will last a lifetime!

Don't forget, if you or your youth enjoyed this program, ask about our other exciting programs at the James River High Adventure Base. Go to <http://www.pipsicobsa.com> for more information.



Your Week at Camp-

To follow is a rough summary of a weekly schedule for the Pipsco Experience. Note that this schedule is subject to change depending on weather and other outside factors. A detailed schedule will be given to participants at the JRAB program wide meeting on Sunday.

Sunday-

- Check-in
- JRAB Program Wide Meeting, Staff Introductions, Review of Schedule
Team Building Activities

Monday-

- Ice Breakers
- Safe Swim Defense and Safe Swim Afloat Certifications
- Canoeing
- Tubing
- Climb On Certification
- Night Climb

Tuesday-

- Shooting Sports (Rifle, Shotgun, Archery, Paintball)
- Geocaching
- AquaFest

Wednesday-

- Head boat
- Williamsburg Ghost Tour

Thursday-

- Mountain Biking
- Museum Tour
- Black Powder
- Pool Swimming
- Tomahawk Throwing

Friday-

- Busch Gardens
- Camp Wide Camp Fire

Saturday-

- Check-out
- Lots of sleep while on the car ride home

Other Notes

- Participants will each be issued a bike and helmet that they may use to travel around camp and get from one activity to the other. Participants will check these bikes out Monday morning and be responsible for them until they are checked back in Thursday evening. Any lost or broken bikes/helmets will be the responsibility of the participants to replace.
- Participants will be given a PEX t-shirt as part of participation in the program. At certain points of the week, participants will be asked to wear this shirt with khaki-shorts as their "Class PEX" uniform.
- During the week we will be exploring the waters and areas along the James and Chickahominy Rivers. Participants must expect to get wet during their visit and be able to pass a BSA swim test.

**Please also check at <http://www.PipsicoBSA.com> for updates about program changes as well as new programs and activities.





Organization-

Each week the Pipsico Experience Participants will be introduced to each other during the Sunday night introduction meeting. The participants will be experiencing the program throughout the week together as a group. Through the week however, participants will be expected to split up to accomplish the overall goals assigned to the group. When this occurs, the buddy system is strongly enforced and expected of all participants. Also in effect, since the Pipsico Experience is open to, youth, adults, and male and female Venturers; are youth protection policies.

Supervision during the program week will be provided primarily by staff. Adults provided by the unit are not required. Due to the high energy and fun pack schedule, participants are expected to obey all staff requests during the week.

Weeks of Operation for The Pipsico Experience, 2013-

Week 1 (June 23rd - June 29th)

Week 2 (June 30th - July 6th)

Week 3 (July 7th - July 13th)

Week 4 (July 14th - July 20th)

Fees, Requirements, & Refund Policy-

The Pipsico Experience early bird fee is \$395 if paid in accordance with the fee schedule listed below. Accounts not paid in full by May 4, 2013, are subject to the regular price of \$420.

Reservations made after March 23, 2013, will be \$420. Reservations after May 4, 2013, require payment in full upon registration.

Fee Schedule:

- \$75 due upon registration and prior to 3/23/12
- Paid in full by 5/4/13

All payments must arrive by the date stated above or the early bird pricing will be forfeited and the regular amount of \$420 will be applied. These fees are valid for the 2013 season only.

Requirements:

All Scout Participants must be 16 as June 1st, 2013, have an Annual Medical Form with parts A, B, & C completed. They must also pass BSA swim test after arriving at Pipsico Scout Reservation. All adult participants must pay the \$395 fee, complete the Annual Health and Medical Record parts A, B, & C, and pass the BSA swim test. If a participant is unable to pass the swim test, they will be sent home at their own cost or given the option to participate in regular Boy Scout Camp program if space is available.



Refund Policy:

It is important to note that when you make a reservation for the James River Adventure Base, your reservation guarantees you a spot in the Captain John Smith Experience. Once you reserve a slot you will be expected to pay for the entire balance of that slot.

In cases of death of an immediate family member, sickness or injury, or military transfer, we will refund all but \$100 of fees paid until 6/1/13 when verified by a physician, military commander, or such official.

The Tidewater Council, BSA strives to provide the very best program. We contract staff and vendors in February. Cancellations after April 1 inhibit our ability to provide this quality program. Reasons such as vacation schedule, summer school, and last minute changes of mind are not acceptable reasons for refunds. Camper deposits are transferrable within a unit, but are not refundable. After 6/1/13 no refunds are available for any reason.

Our Location-

The James River Adventure Base at Pipsico Scout Reservation; is located in Spring Grove, Virginia, approximately midway between Norfolk and Richmond. It is about 25 miles off Interstate 295 from Hopewell, Virginia.

Our camp is centrally located to a host of attractions. The first permanent English settlement at Jamestown is a short distance via the nearby ferry. Many fascinating historical sites from the first 250 years of American history are within easy driving distance. Among these are Colonial Williamsburg, the Revolutionary War battlefield at Yorktown, and Civil War battlefields around Richmond and Petersburg.

For those who want more modern adventure, local amusement parks include Busch Gardens and Water Country USA. A moderate drive from camp brings visitors to the Naval base in Norfolk, the NASA Langley Research Center, the Atlantic Ocean beaches and boardwalk at Virginia Beach, and much more.

If you are coming from outside the local area, we would be glad to have you as our guests in Camp Rotary for a few extra days so you can add some of these world-class attractions to your summer camp experience. With advance notice, we can provide breakfast, dinner, and box lunches on the days you are in Camp Rotary for a nominal cost.

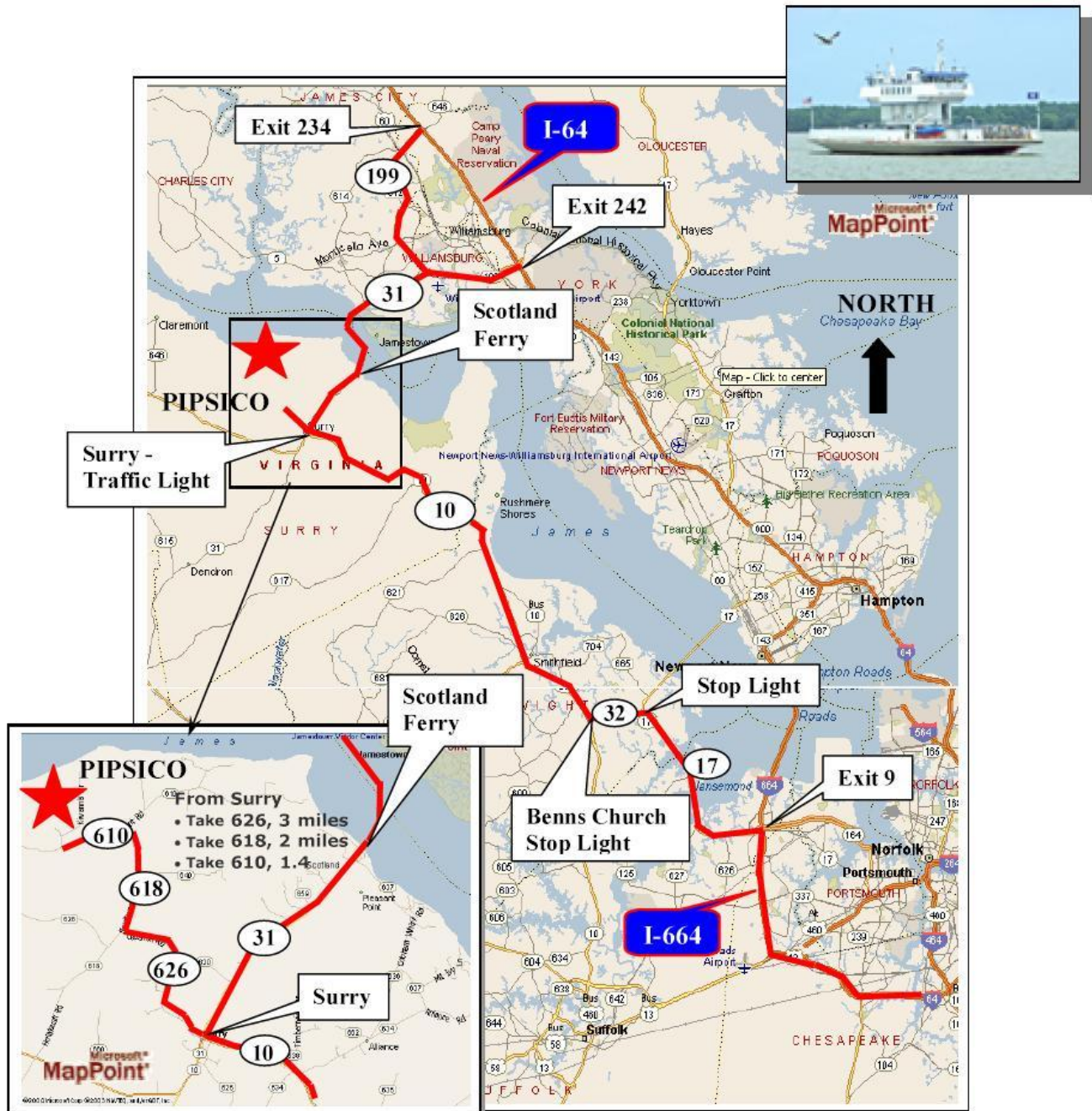




Getting to the James River Adventure Base:

Take a drive in the country or a ride on a ferry. Which ever route you and your Scouts choose, you are sure to enjoy the trip. From South Hampton Roads, the most direct route is illustrated below. However, some may prefer taking Route 460 to Route 10 North.

For those coming from the Peninsula or interested in something different, the Jamestown- Scotland Ferry is the way to go. However you arrive, traveling to Pipsico will provide a history rich and scenic journey.



Planning and Preparation-

What to Bring:

Required Items-

1. Toiletry kit (including towel)
2. Sleeping bag and pillow
3. Water bottle
4. Clothing
 - Class A Uniform (Uniform shirt, shorts, belt, socks)
 - Clothing for the week
 - 2 pairs of Shoes- **NO flip-flops.** Boat shoes or tennis shoes are OK. All might be exposed to water. A pair of hiking boots is suggested but not required.
 - Hat
 - Khaki shorts(for "Class PEX" Uniform)
5. Sunscreen, insect repellent and lip balm w/ sunscreen
6. Flashlight (With head strap if possible for night climb)
7. Rain Gear

Suggested Items-

1. No cash money required; however, each individual will be allowed and is encouraged to carry money for personal expenditures. The youth will have access to the camp trading post as well as the facilities and shops at Williamsburg and Busch Gardens. (A suggested amount of \$50.00 is recommended for the week)
2. Camera

DO NOT BRING- Cell Phones, Radios, CD players, iPODs, firearms, sheath knives, or any other scouting restricted items.





Sunday Check In:

Please plan on arriving between 1:15 and 3:15 PM on Sunday afternoon of your scheduled camp week. If you arrive early, please park and wait in the parking lot of Camp Lions. Registration will be conducted at the Burton Center which is main administration building inside of Camp Lions at Pipsico Scout Reservation. If you plan to arrive late, please notify us in advance so special arrangements can be made. If you are delayed on the way to camp, let us know at (757) 294-3912.

At initial check-in, we will verify the number of campers with your unit, confirm paperwork is in order and assign you to a campsite. Your pre-ordered T-shirts will be given to you at this time.

Next your Camp Guide will meet you. The Camp Guide will escort you through the remaining check-in procedures:

- Your Campsite where you will drop off (but not unpack) your gear. At this time everyone will change into bathing suits. You will be given a pass that allows one vehicle at a time into the campsite. All vehicles (other than trailers) must be moved to the main parking lot by dinner on Sunday.
- OA Shelter, where you will turn in Health Record Forms with the Health and Safety Officer.
- OA Shelter where you will fill out buddy tags.
- Dining Hall for a brief orientation on mealtime procedures.
- Pool for Swim Test: **All participants (youth and adult) are required to pass the BSA Swimmer test.** Change into your swim suits and go to the pool. If a participant is unable to pass the swim test, they will be sent home at their own cost or given the option to participate in regular Boy Scout Camp if space is available.
- To the Dining Hall where you will be introduced to the Captain John Smith Experience Staff and Organized into your colonial settlement group.
- Your campsite to unpack and get settled for the night.
- A meeting for all James River Adventure Base participants will be held at **6:45**, following the conclusion of dinner, at the **Natural History area**. We will review the week's schedule, introduce the staff, and answer any questions at this time. Unit leaders not participating in the program are invited to attend.



Saturday Check Out:

You can plan on your unit leaving camp between 8:00 and 10:30 AM on Saturday. A continental breakfast will be served between 8:00 and 9:00 AM.

If all gear and equipment **is not** returned to the proper condition on Friday (you will be told this at dinner Friday night), participants should report back to the designated area Saturday morning for a final inspection by the director. Once you have been given the final ok, you may return to your primary campsite for final checkout procedures.

One vehicle at a time may enter the campsite to load gear, no earlier than 7:30 AM. Once your gear is packed out and your campsite and latrine are clean, a staff member will inspect the campsite and release you from camp.

Once you have been checked out of your campsite and picked up your health records and medications from the Health Lodge, we will wish you a safe trip home. Unit patches may be picked up after checkout is complete, but high adventure patches will be presented to participants at the closing campfire.



The Pipsico Experience Policies:

Mail:

Mail can be sent to PEX participants throughout the week by using the following address:

Pipsico Scout Reservation
C/o Scout's Name, Unit Number
PEX
57 Pipsico Road
Spring Grove, VA 23881



Telephones:

A phone for outgoing calls is available at the Burton Center. An adult leader must be present for a Scout (with his buddy) to use this phone. Calls must be collect or by calling card, and must be limited to five minutes. Should anyone need to contact a camper on an important matter, the number is: **(757) 294-3912** This is our business phone, and cannot be tied up with personal calls, so parents will not be able to speak to their children on this line. Phone messages will be placed in the unit mailbox; emergency messages will be delivered as soon as possible. If adult leaders need to receive regular calls at camp, bring a cell phone or pager, or make arrangements to check with their office on a regular schedule.

In case of emergency while out in the activity areas, the Staff will be in contact with the Camp via cell phone and Radios.

Attire:

Class A or Class B uniforms are not required during the activity portion of the week; however, they will be needed for Friday night dinner and for the opening and closing campfires. Proper or appropriate attire must be worn at all times while in the activity area. Shorts and appropriate T-shirts (See equipment list) are recommended for most activities. Closed-toe shoes must be worn at all times; including during activities at the waterfront and on board any boats. The only exceptions are while in a shower building, inside the pools, the pool perimeter fence, or in bed.

The "Class PEX" uniform will consist of the PEX shirt that will be given to participants and khaki shorts which should be brought. We will specify certain times of the week to wear this.

Buddy System:

All participants of The Pipsico Experience should use the buddy system while at camp, in the activity area, and while visiting local attractions. Participant leaders are required to know the whereabouts of their co-participants at all times.

Provisional Campers:

If a Scout is unable to attend camp with his own unit, or wants to attend a second week of camp, we can arrange for him to attend camp with another unit. Fees for provisional campers are the same as for other Scouts. On occasion, we ask a unit to include a provisional camper in their unit for the week at camp. In such cases, we require that a parent or guardian meet with the unit's camp leader prior to camp or during check-in. Provisional participants will be incorporated into the group participating with in The Pipsico Experience.

Lost and Found:

A lost-and-found bin will be maintained at the Burton Center, and by the staff of The James River Adventure Base.

Trading Post:

In addition to program materials, our Trading Post offers a variety of snacks and drinks, and a wide selection of camping supplies, Scouting materials, and special James River Adventure Base and Pipsico Scout Reservation souvenirs. Remember that the proceeds from the Trading Post support your Scouting programs! It is also stocked with James River Adventure Base apparel and souvenirs, refreshments, and other items. Please encourage your participants to bring spending money (\$50 recommended). There will also opportunities to shop at Williamsburg and Busch Gardens.



Unit Leaders:

Coed units are not required to provide a female leader with the female participants. Please contact us before arrival at camp to make arrangements for provisional participants.

Valuables:

Unfortunately, even in a scouting environment, losses occur. To ensure nothing will happen to your favorite gadgets and gizmos, leave them at home! We do not carry insurance for personal items. Also remember that we will be surrounded by a lot of water and out in unsheltered areas frequently, please make sure items that can not get wet are secured properly.

Vehicles:

While camp is in session, all Scouts, leaders, and visitors are prohibited from driving past the gate in front of the Health Lodge. One vehicle will be allowed into your campsite during check-in to drop off unit gear; as soon as it is unloaded, it must be promptly moved to the Burton Center parking lot.





Prohibited Items:

The following items and actions are strictly prohibited while at Camp Lions and while participating in PEX and are a cause for immediate dismissal:

- Alcohol
- Tobacco - The use of tobacco in any form is strictly prohibited for youth participants. Adults who smoke must do so out of sight of any youth members. Smoking is prohibited while on the boats.
- Illegal Drugs
- Fireworks
- Sheath Knives
- Firearms of any kind
- Theft
- Actions that knowingly endanger another participant or staff.
- Intentionally damaging property belonging to another person or the James River Adventure Base.

Discipline:

All participants are expected to live up to the principles and values of the Scout Oath and Law and/or the Venturing Code.

- Discipline of Scouts while at camp is the responsibility of unit leaders. If Scouts are disruptive or refuse to comply with camp rules, we will refer the matter to the unit leaders for resolution. If problems recur, we may require the Scout to be sent home.
- In the event that a unit leader is not present during the program, the staff will be responsible for enforcing rules and disciplining those crewmembers who break them.
- If the camp administration believes that further disciplinary action is required of any participant, they will intervene. Chartered partners of the participant's home unit and/or a Council representative will be contacted for serious infractions.
- Any participant who steals, vandalizes, or intentionally places another participant, staff member, or other person in danger will immediately be sent home. The administration reserves the right to take further action themselves if necessary, including sending the entire crew home within 24 hours.
- Hazing or any other such activities are not allowed at any time during The Pipsico Experience.

Medical Information-

Medical Forms and Physical Examinations:

All PEX participants, both youth and adults, must have a completed and signed Annual BSA Health and Medical Record, parts A, B, & C. (This form is included at the back of this booklet)

Youth participant medical forms must be signed by a parent and include the parent's medical insurance information (a copy of insurance card). Participants without a properly completed Annual BSA Health and Medical Record will not be admitted to the program.

Medications:

All prescription drugs are kept and administered by the unit. It is to be kept in a secured location out of the reach of the children. If medication requires refrigeration, it can be checked in with the Health Officer during check-in. Please provide a list of medication, dosage and to whom you are administering medication to when you check in with the Health Officer.

By law, medications must be in a container with a typed label from the pharmacy. Medications will be given only in accordance with the label. Handwritten changes will not be accepted.

If no leader from the unit is participating in The Pipsico Experience, then the staff will also dispense medication throughout the time spent at the outpost. Participants suffering from asthma may keep their medication with them, but must inform the staff that they have it.





Emergency Medical Treatment:

Pipsico Scout Reservation has a health officer on duty 24 hours a day. If a medical situation occurs while at an offsite location, procedures are in place that will ensure the safety and health of everyone participating. Staff is trained in First Aid with appropriate supplies at the site for many typical injuries. Cell phones and radios will be on hand to call ahead if medical services are required.

The cost of medical treatment away from camp will be billed to the camper's primary insurance carrier. Registered Tidewater Council units are covered by supplemental insurance, which covers certain deductibles and other expenses for injuries and illnesses incurred at camp. Parents must make arrangements for treatment of pre-existing conditions. Tidewater Council's policy does not cover out-of-council units; those units need to submit a certificate of insurance from their home council or unit prior to arriving at camp. We recommend that this be done when making your final camp fee payment.

Emergency Procedures-

Missing Participant/ Lost Person:

As soon as it is suspected that a person is missing, report the incident to the Skipper. Upon notification, the Staff Leader will:

- Check the Sign-in/Sign-out roster.
- Staff members will search all public and program areas.
- Staff members will inspect the water around the boat.
- If the person is not found, the Camp Director will be notified and will call the participant's home. If the individual is not home, the Camp Director will:
 - Contact the local authorities.
 - Take a crew by crew roll call.
 - Organize a lost person search with local authorities.
 - Contact the Scout Executive or his representative.

Serious or Fatal Accident:

The staff member on scene will notify the Camp Director and then:

The Camp Director will notify the local Rescue Squad

The Camp Director will notify the Scout Executive and the Participant's parents

All other programs will continue their normal activities.

The Camp director will gather all information and complete the BSA Accident Forms

Only the Scout Executive or his representative will respond to questions from the press or other authorities.



Photo Release Information-

During the course of the week photographs or video footage may be taken for promotional purposes. If a parent does not wish for their child to be photographed, you must notify the Council office prior to your unit's arrival at camp. The parent must provide a signed letter stating that their child is not to be photographed. We will depend on the unit leader to make us aware of and individuals that may not be photographed once they arrive on the property. **PLEASE SHARE THIS INFORMATION WITH PARENTS.**

*The James River Adventure Base staff is dedicated to provide you with the best high adventure experience of your scouting summers. Therefore, if you see any areas where we can improve, please write them down at the end-of-week evaluations. If you have any questions about this guide or program, please do not hesitate to call us at (757) 497-2688.

For more information or updates regarding this and other programs:

<http://www.PipsicoBSA.com>





Appendix Table of Contents

A. 2013 James River Adventure Base Reservation Form



Pipsico Scout Reservation

James River Adventure Base • 2013 Season



FOR LOGISTICAL REASONS, THIS FORM SHOULD BE COMPLETED FOR EACH PARTICIPANT

UNIT: _____ DISTRICT: _____ COUNCIL: _____

ALL CORRESPONDENCE REGARDING SUMMER CAMP SHOULD BE SENT TO:

Participant Name: _____

Mailing Address: _____

City, State, ZIP _____

Email: _____

Home Phone: _____

Date of Birth: _____ Shirt Size: _____

PLEASE CHECK THE WEEK YOU WILL BE ATTENDING CAMP.

- Week #1 (June 23-29)
- Week #2 (June 30-July 6)
- Week #3 (July 7-13)
- Week #4 (July 14-20)

PLEASE SELECT YOUR PROGRAM

	Program	Pricing	Important
<input type="checkbox"/>	SCUBA Camp* (COED / Youth & Adult)	Early Bird - \$495 Regular - \$520	Minimum Age: 13+ by 6/1/13 Must pass BSA swim test.
<input type="checkbox"/>	Sail Hampton Roads (COED / Youth & Adult)	Early Bird - \$495 Regular - +\$25	Minimum Age: 13+ by 6/1/13 Must pass BSA swim test.
<input type="checkbox"/>	PEX (Pipsico Experience) (COED / Youth & Adult)	Early Bird - \$395 Regular - \$420	Minimum Age: 16+ by 6/1/13 Must pass BSA swim test.
<input type="checkbox"/>	Captain John Smith Experience (Boy Scout Youth Only)	Early Bird - \$275 Regular - \$300	Minimum Age: 14+ by 6/1/13 Must pass BSA swim test.

	Early Bird Price	Regular Price
Important Payment Deadlines	\$75 deposit by 3/23/13 & Paid in full by 5/4/13	Paid in full after 5/4/13

*SCUBA Camp participants are required to complete a SCUBA physical. SCUBA participants are also required to bring (or purchase) their own mask, snorkel, fins, boots & mask cleaner.

Please attach a check made payable to "Tidewater Council, BSA" for the appropriate fee.

RETURN THIS RESERVATION FORM TO:

TIDEWATER COUNCIL, B.S.A., 1032 HEATHERWOOD DRIVE, VIRGINIA BEACH, VA 23455

Please see <http://www.PipsicoBSA.com> for additional resources.

REFUND POLICY

In cases of death of an immediate family member, sickness or injury, or military transfer, we will refund all but \$100 of fees paid until 6/1/13 when verified by a physician, military commander, or such official. The Tidewater Council, BSA strives to provide the very best program. We contract staff and vendors in February. Cancellations after April 1 inhibit our ability to provide this quality program. Reasons such as vacation schedule, summer school, and last minute changes of mind are not acceptable reasons for refunds. Camper deposits are transferrable within a unit, but are not refundable. After 6/1/13 no refunds are available for any reason.

OFFICE USE ONLY

ACCT # 1-2630-421-00 SW =6967 until 12/31/12
ACCT # 1-6701-421-21 SW =6968 on/after 01/01/13