

WILDERNESS AND REMOTE FIRST AID COURSE



- When:** July 11 & 12, 2020 registration begins at 8:30 AM.
Class begins at 9:00 AM, ending about 5:00 PM. **Lunch and snacks will be provided.**
- Where:** Mary Jayne Breeden Council Service Center, 1032 Heatherwood Drive, Virginia Beach, VA 23455.
- Cost:** \$120 on or before June 28 (course materials need to be ordered); no one registered after June 28, 2020!

Preferred registration is <https://tidewater.tentaroo.com> to get immediate space confirmation.

Class size limited to 24 participants - register early.

It's essential that you have some basic principles of wilderness first aid and know how to apply them, even under stress. Even knowing how to treat minor injuries can make a difference in an emergency situation. You can treat minor injuries and keep serious casualties stable until further help is available. Although there are innumerable injuries and ailments that could affect you, when you learn the basic principles of first aid, you can apply them to almost any situation.

Who should attend: All High Adventure Bases requires that at least one person (Philmont requires two) in each crew be currently certified in Wilderness First Aid or the equivalent and CPR from the American Heart Association, the American Red Cross, or the equivalent. It is also recommended for any unit that is conducting backcountry hiking or camping trips.

Pre-requisites:

- 1) Current CPR/AED certification is a required to attend this course. Please bring your card to the course for verification.
- 2) Be at least 14 years of age on or before the last scheduled session of the course.

Materials to bring: Please bring your backpack with wilderness first aid kit. This will be used for the various scenarios. There will be discussions during the course of what should be in your kit.

For more information contact Course Director: Richard Becker at 757-497-2688 or richard.becker@scouting.org

Wilderness First Aid Course July 11 & 12, 2020

Name: _____ BSA ID# _____

Email: _____

Home phone: _____ Cell Phone: _____

Unit: _____

Dietary Restrictions: _____

Make checks payable to: Tidewater Council, BSA

Mail registration form:

Tidewater Council, BSA
1032 Heatherwood Drive
Virginia Beach, VA 23455